



March 2025

BOBCAT TIMES

Mrs. Castillo's and Mrs. Russo's
Journalism Class

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Tony Fiorentino: A Legacy of Passion and Insight with the Miami Heat

Tony Fiorentino, the former assistant coach for the Miami Heat, recently visited our school to encourage middle schoolers to chase their dreams and not stopping until they reach their goals.

He shared inspiring stories from his basketball career, explaining how important it is to never give up, even when things get tough. Fiorentino motivated students to work hard, stay positive, and keep pushing forward toward their aspirations. He also emphasized that success takes time and effort, and even if students face setbacks, they can learn from them and keep improving. His visit left everyone feeling excited to set goals and keep striving for success, no matter the challenges!



By: David Ortiz & Mateo Robaina



Field Day Showdown: Green vs. White

Congrats to the White Team! Field Day at Ruth K. Broad was a fun and eventful day filled with friendly competition. Students participated in a variety of activities, including the 50-yard dash, relay races, and water events that helped everyone stay cool in the heat. Both teams put in a great effort, showing teamwork and determination throughout the day. In the end, the White Team finished in first place with 219 points, while the Green Team followed with a solid 183 points. No matter the final score, it was a great day for everyone to enjoy some outdoor fun and school spirit. A special thank you to the P.E. Dept for their outstanding efforts in organizing and executing such a fantastic event. Can't wait until next year!



By: Ruben Blumstein, Geronimo David, & Valentina Fernandez

Exploring the Wonders:

Frost Museum Kindergarten Field Trip Adventure!

On the 21st of March 2025, RKBBH's Kindergarten grade visited the Miami Frost Museum, a large museum which includes one of the biggest aquariums in the world, a planetarium, and multiple interactive exhibits for all Kindergarteners to enjoy. Bobcats were able to go to the museum's large and spacious aquarium, where they learned all sorts of aquatic life in a fun and interactive way.

Kindergarteners were also able to see the insect exhibits of the museum, giving them a close view of insects that would otherwise be hidden. Overall, this trip to the Miami Frost Museum allowed our young Bobcats to learn much more about science, while still giving them a fun and interactive experience.



By: Adam Anciros

Dr. Seuss Day

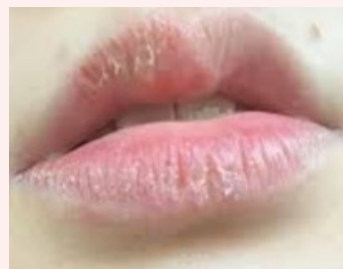
Dr. Seuss Day was so much fun for the students. They listened to stories and talked about all the amazing lessons of kindness and imagination they picked up. The students watched fun movies based on Dr. Seuss's books, like *The Grinch* and *The Lorax*. They enjoyed the colorful animations and catchy songs, and after each movie, they had discussions about the characters and ideas in the stories. A major highlight was an exciting challenge where students teamed up to build towers with cups and plates. This got them thinking creatively and collaborating as they tried to make the tallest and sturdiest structures. This was supposed to resemble the hats. The classroom was filled with energy as they cheered each other on and shared tips for building their towers. To keep up the fun they played Dr. Seuss games that helped their reading and critical thinking skills while making learning feel like an adventure. Teachers motivated them to love reading by suggesting they read Dr. Seuss's books. Throughout the day, they included interactive activities that turned learning about Dr. Seuss's story and influence into a fun experience. The students ended up making not just towers and hats but also a deeper appreciation for literature and storytelling. Dr. Seuss Day was an awesome celebration packed with creativity and fun that encouraged everyone to connect with the positive messages from Dr. Seuss.



By: Zoey Adler- Zabiellins & Emily Frankel

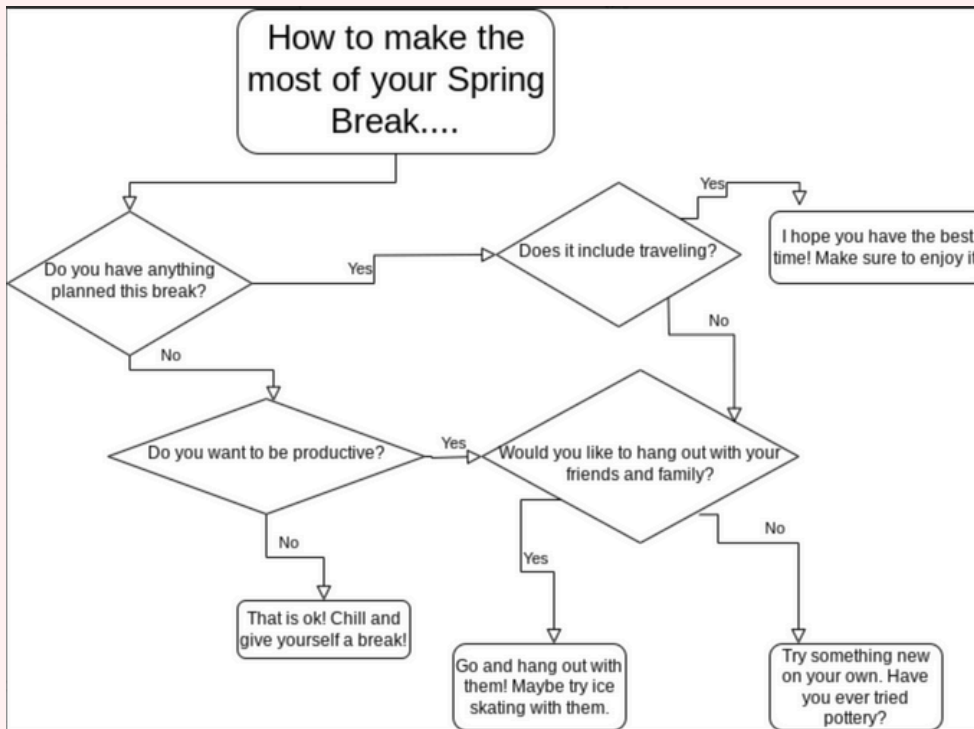
Beauty: Say Goodbye to Dry Lips - Tips for Smooth, Hydrated Skin

If you have ever dealt with dry, flaky lips, then you know how uncomfortable it can be. Many things can cause this to happen. The top reasons being lack of moisture (most often caused by dry winter weather), prolonged picking or peeling habits, or reactions to products. In the winter, keeping your lips moisturized is very important as to not cause flaking and dryness on the top layer of your lips, which can lead to semi-permanent cracks or scars on your lips that can bleed or increase the risk of infection. Picking or peeling habits have a higher risk of infection as the constant contact of the broken lip and the skin on the finger is very dirty and can infect the broken areas of the lip. Reactions to products can be caused by allergies or certain properties of the lips. But how do you fix flaky lips? There are many ways to fix this problem, including hydration, non-irritating lip balm (preferably made with natural ingredients), and gentle exfoliation to get rid of the flaky top layer of your lips.



By: Clarissa Borrelli

Flow Chart: What Are Your Plans for Spring Break?



By: Kali Heiken, Bella Frye, & Anna Kulenovic

E- Scooter Safety

The E -Scooter Safety Planet provides essential guidelines for riders of all ages, emphasizing helmet use, hand signals, and staying alert. It also offers tips for drivers and pedestrians to share the road safely. Additionally, there's a fun section for parents on discussing E- Scooter safety with their children.



By: Marissa Hyka

Cooking Corner

Ingredients:

- Rice
- Seaweed
- Imitation Crab
- Avocado
- Cucumber
- Cream cheese
- Sesame Seeds
- Soy Sauce

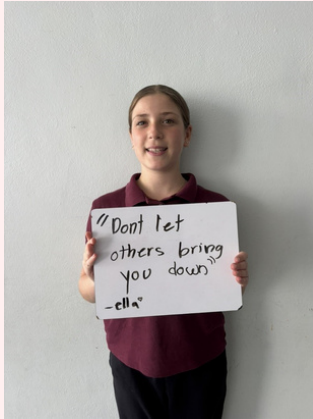


1. Prepare the Sushi Rice: Rinse the rice: 1 ½ cups under cold water. Cook the rice: (usually 1 ½ cups rice to 1 ¾ cups water). Season the rice: In a separate bowl, mix 2 tbsp rice vinegar, 1 tbsp sugar, and 1 tsp salt.
2. Prepare the Fillings: Crab -slice it thinly (about 1/4 inch) against the grain. Vegetables: Slice vegetables (like cucumber, avocado, and carrots) into thin strips.
3. Prepare the Rolling Surface: Place a bamboo sushi mat on a flat surface and cover it with a sheet of plastic wrap. This will prevent the rice from sticking.
4. Assemble the Sushi: Place the Nori: Lay a sheet of nori (shiny side down) on the bamboo mat. Spread the Rice: Spread a thin layer of the seasoned sushi rice evenly over the nori, leaving about 1 inch of space at the top of the sheet. Add Fillings:
5. Roll the Sushi: Carefully lift the edge of the bamboo mat and start rolling the sushi from the bottom, gently pressing as you roll. Keep rolling until you reach the top edge where the nori is exposed. Wet the edge of the nori to seal the roll.
6. Cut the Sushi: Use knife to slice the roll into bite-sized pieces.
7. SERVE & ENJOY!

By: Penelope Lopez- Casala & Arielle Barcelo-Jeffer



Words of Wisdom



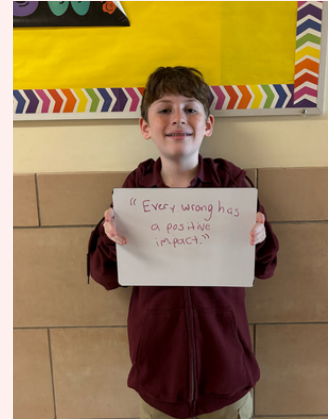
“Don’t let others bring you down.”

**Ella Shalev
Mrs. Uribe’s Class**



“One positive thought you say to someone can make their day.”

**Franscella Fernandez
Mrs. Russo’s Class**



“Every wrong has a positive impact.”

**Nathan Sragowicz
Mrs. Uribe’s Class**

By: Felicitas Barenaspina & Emilia Slitere

Champions Crowned: Inside the Nations League Final



This past week on March 20, 2025, teams such as Germany, Italy, Denmark, Portugal, Netherlands, Spain, Croatia, and France played. Netherlands vs Spain was the most exciting game. They both tied 2-2 and Netherlands got a red card. Nico Williams (from Spain) started the game off by winning 1-0, but Netherlands came back scoring 2 goals in a span of 25 minutes. Overall, Spain had more control of the game in terms of team stats. Meanwhile on the other hand, Portugal had a shocking loss against Denmark, losing 1-0. In addition, Germany faced Italy by winning 2-1; fans were also surprised because Germany came back after losing 1-0 in the first half (45 minutes). Lastly, for the last game on March 20, 2025, France played Croatia but lost 2-0. France still had better team stats overall in the whole game, but Croatia still managed to secure or keep the win. In the 2025 UEFA Nations League quarter-final second legs, several thrilling matches occurred to determine the semi-finalists. Netherlands had a devastating lost to Spain, with an aggregate score of 4-4 leading up to penalties where Unai Simon had crucial saves and Pedri leading to the game winning goal. Most famous legend Cristiano Ronaldo missed a penalty but made up for it by scoring in the 72 nd minute. Francisco Trincao, scored a goal which led to extra time in the game where he again scores in the first minute of extra time. Following that, Gonzalez Ramos scored in the last five minutes of extra time which made them beat Denmark and go against Germany. On the same page, Germany beat Italy with a close score of 5-4. Germany also dominated the game with 22 shots on target while Italy only had 9 shots on goal. In addition, Germany also came back from the first leg. Lastly, France faced Croatia again in the second leg knowing that it was going to be a close game. France also went to penalties after coming back from the 1st leg. This game was a one-sided match, with France having most control of the game, 28 shots, and 62% of possession. Croatia was lacking with shots, possession, and passes which led them to losing the game in penalties.

By: Kai Oexner and Tomas Souza



Dear Bobcat: Advice Column

“My sister sometimes hits me hard. How can I stop her from doing that?”

If your sibling sometimes hits you hard, you should have a chat with her and/or your parents about it. Explaining how you feel is important, especially if she doesn't know that it actually hurts you. Maybe she doesn't realize how much it bothers you. Maybe you do things that trigger her to do it because you do things that upset her. In other words, the only way to stop this behavior is by communication. This will help prevent the problem from continuing in the future.

“How is the Robotics class like? Are the robots made of metal or Legos?”

Coming from someone who was in the Robotics class, Robotics class has many fun activities. These include coding games, teamwork projects, Minecraft designs, coding and building projects with the robots and typing practices. The robots used in the class are not made of metal but typically from Legos. The projects teach and help students practice on how to code and manage the robots. It is definitely one of the best electives ever!

“How can I make new friends?”

Sometimes making friends takes time but do not ever discourage yourself from trying. Join clubs, talk to people in class, or just start casual conversations. You should show interest in others, be a good listener, and don't overthink it. Not everyone will click with you, and that's okay - focus on the ones who do!

"My friend is going through a tough time.

How can I support him through his tough time?"

There are many ways you can help. Being a good listener is always a great way to be supportive. Maybe your friend just needs to let it all out with someone that is the same age as him. Some include spending more time with your friend, reminding him to appreciate the things he does have instead of only focusing on the negative, and finally, advise them to talk to a trusted adult about their feelings. This will help without a doubt.